

LONDON BOROUGH OF TOWER HAMLETS

MINUTES OF THE HEALTH SCRUTINY SUB-COMMITTEE

HELD AT 7.00 P.M. ON WEDNESDAY, 20 APRIL 2016

**MP702, 7TH FLOOR, TOWN HALL, MULBERRY PLACE, 5 CLOVE CRESCENT,
LONDON, E14 2BG**

Members Present:

Councillor Amina Ali (Chair)
Councillor Abdul Asad
Councillor Danny Hassell

Co-opted Members Present:

David Burbidge – (Healthwatch Tower Hamlets
Representative)

Tim Oliver – Healthwatch Tower Hamlets

Other Councillors Present:

Apologies:

Councillor Sabina Akhtar
Councillor Craig Aston
Councillor Dave Chesterton
Councillor John Pierce

Others Present:

Jo Carter – Stakeholder Relations Manager
– Barts Health NHS Trust

Dr Sam Everington – Tower Hamlets CCG
Deborah Kelly – Barts Health Trust
Neil Kennett-Brown – Director of Transformation, Tower
Hamlets, Newham and Waltham
Forest CCG

Officers Present:

Dr Somen Banerjee – Director of Public Health
Leo Nicholas – Senior Strategy, Policy and
Performance Officer

Sarah Vallely – Strategy, Policy and Performance
Officer

Seye Aina – Committee Services Officer,
Democratic Services

1. FILMING PROCEEDINGS

At the start of the meeting the Chair moved and it was -

Resolved with the agreement of those in attendance that:

The first part of the meeting be filmed for a video which aims to show how the Council, through the work of the Health Scrutiny Panel is working with commissioners, providers, voluntary sector organisations, community groups and local people to improve local maternity services for the future.

2. DECLARATIONS OF DISCLOSABLE PECUNIARY INTERESTS

There were no declarations of disclosable pecuniary interests.

3. MINUTES OF THE PREVIOUS MEETING(S)

That the minutes of the Health Scrutiny Panel held on 17 February 2016 be approved as a correct record of the proceedings.

4. VARIATION TO THE ORDER OF BUSINESS

The Chair moved and it was -

Resolved:

To vary order of business to enable the Panel to first consider the agenda item which required a decision. The agenda items were considered in the following order - items 3.4, 3.1, 3.2 and 3.3.

5. REPORTS FOR CONSIDERATION

5.1 Children & Young People's Mental Health Services Scrutiny Challenge Session

Councillor Amina Ali, Chair of the Health Scrutiny Panel presented the report. The report highlighted the challenge session which brought together representatives from the Council, Tower Hamlets CCG, Tower Hamlets CAMHS and community organisations to explore the level of provision and the performance of children and young people's mental health services in Tower Hamlets. The Panel noted the following recommendations of the Health Scrutiny Panel Challenge Session on Children & Young People's Mental Health Services -

Recommendation 1:

That the Council and Tower Hamlets Clinical Commissioning Group (THCCG) work with the voluntary and community sector to support and strengthen early intervention services in the Borough.

Recommendation 2:

That the Council, CCG, specialist CAMHS and local services raise awareness of mental health issues, before children and young people reach specialist services, by promoting patient stories and examples of what mental health issues can turn into, with particular focus on BME communities.

Recommendation 3:

That the Council ensure all frontline professionals who come into contact with children regularly or/and in a professional capacity (not just mental health professionals) are able to identify children with mental health issues and know what to do once they have identified a vulnerable child.

Recommendation 4:

That the Council reviews the data it holds on care leavers and pregnancy to investigate if there is a link between care leavers, teenage pregnancy and mental health issues.

Recommendation 5:

That the Council undertakes further work with young care leavers to educate them on sexual health.

Recommendation 6:

As part of any future re-refresh of the Local Transformation Plan; the Council, CCG and partner agencies consider how services can be improved for children and young people who are in contact with the criminal justice services, and who have a higher vulnerability to mental health problems.

Recommendation 7:

That the Council and THCCG strengthen engagement and training for CAMHS service users to empower them with the skills and knowledge to effectively contribute to service development.

Recommendation 8:

That the THCCG work with CAMHS to review GP training in children and young people's mental health, including raising awareness of referral pathways for service users.

Recommendation 9:

That the Council, THCCG, and Tower Hamlets CAMHS work with community leaders to improve cultural understanding of mental health and raise awareness of the services in place to support residents with a mental health need.

Recommendation 10:

That the Council, THCCG and CAMHS undertake work to reduce the stigma of mental health including rebranding and renaming services.

Recommendation 11:

That CAMHS consider ways to make the service more accessible through reviewing their workforce to ensure it is reflective of the community.

Recommendation 12:

That the Council, THCCG and CAMHS improve engagement with children and families in order to increase awareness of mental health in all communities in the borough.

Recommendation 13:

That the Council undertakes an audit to check the usage and success of the CAF system in Children Centres and other universal services.

Recommendation 14:

That the Council and THCCG raise awareness about mental health and support services amongst non-MH staff working with young people to improve accessibility to appropriate support.

The Panel considered the report and commented as follows –

- The recommendations are general and the action plan will need to be detailed and service specific.
- Recommendation 9 requires more information including how it is intended to improve cultural understanding and raise awareness.
- Recommendation 3 and 13 needs to include information on youth services.

RESOLVED THAT:

1. The presentation and report be noted.
2. The additional proposed changes to the recommendations be received and noted.

5.2 Bart's Health Trust Quality Accounts

Deborah Kelly and Jo Carter, Barts Health NHS Trust, presented the report and provided an overview of the Bart's Health Trust Quality Accounts for scrutiny and consultation. They reported that the Quality Accounts have not yet been published and the deadline to look at this is 18 May 2016. The report outlined the following –

- Performance in 2015-16: Delivering safe and compassionate care in our hospitals
- Delivering safe and compassionate care in our communities.
- Innovation in healthcare
- Performance in 2015-16 against Commissioning for Quality and Innovation Scheme (CQUINS).
- Summary of priorities for 2016 -17
- CQUINS for 2016 -17
- Quality Assurance
- Mandated Indicators

The Panel considered the report and commented as follows –

- The format of the report is not user-friendly.

- A review of the 2014/15 Quality Account and its comments will need to be undertaken.
- The tables need to be more readable with a better explanation of the indicators (red, amber, green, best, average, worst) and the report needs to provide an explanation of the acronyms.
- The figures provided in the staff survey indicator on page 22 are not clear. For example it refers to discrimination a work but it is not clear if the figures provided are measured by percentages.
- The priorities for 2016-17 need to be clearer. It is not clear if the examples on pressure ulcers refer to local or national objectives.
- There is insufficient information on special measures.

RESOLVED THAT:

1. The presentation and report be noted.
2. Comments made be reviewed and the Panel be provided with updated information at the next meeting.
3. Tower Hamlets CCG share their comments on the 2014/15 Quality Accounts with the HSP.
4. A specific presentation by Barts Health on the Quality Accounts is arranged for the HSP prior to the deadline for comments.
5. In future the HSP be included on the circulation list for Barts Health NHS safe and compassionate news and the annual report and also receive an invitation to the AGM.

5.3 Healthwatch Tower Hamlets - Community Intelligence Report

David Burbidge, Healthwatch Tower Hamlets, presented the report in relation to the Tower Hamlets community intelligence bursary. He informed the Panel that it is a programme developed in partnership with Healthwatch Tower Hamlets, NHS Tower Hamlets Clinical Commissioning Group (CCG), Tower Hamlets Citizens, Queen Mary University and Tower Hamlets Council for Voluntary Services (CVS) to ensure that the needs and views of the local community directly affect how health and social care services are designed, commissioned and delivered within Tower Hamlets. The report set out the current activities and new ways of working with Tower Hamlet residents. David Burbidge reported on the following –

- The Community Intelligence Bursary in numbers

- The overarching recommendations
- Carers
- Older people
- Children and young people
- General Practice
- Dual Diagnosis
- Integrated care
- Equality and Diversity

The Chair welcomed the report and the Panel commented as follows –

- Report is very grass-root based and is specific to the community.
- Does Equality and Diversity report take account of employment issues?
- Peer networks such as Football clubs are mentioned and one could develop links with the Professional Football Association to get players to discuss topics such as diet.
- There is a need to engage with new enterprises about health.
- There is a need to empower the communities.
- Health issues raised in the report need to be manifested within the statutory regulations for planning.
- How will the community intelligence bursary be monitored?

In response to comments and questions from the Panel, David Burbidge informed the Panel that research looked at organisations such as the Asian People's Disability Alliance and Account 3 Limited to address the unsupported health needs, the provision of services and the effects that caring responsibilities have on health, social and economic circumstances. The Joint Committee, CCG and Healthwatch monitor the community intelligence bursary and this year another report will be prepared to look in more detail at possible solutions to the issues raised in this report.

Dr Sam Everington stated that we are way ahead on social prescribing and the shift is now what matters to you and how we can help people to be empowered.

RESOLVED THAT the report be noted.

5.4 Transforming Services Together

Neil Kennett-Brown, Director of Transformation, Tower Hamlets, Newham and Waltham Forest CCG presented the report. The report provided an update on the Transforming Services Together (TST) programme a partnership programme of work between Tower Hamlets, Waltham Forest and Newham

CCG's and Barts Health Trust. A period of public engagement began on 29 February 2016 and runs until 22 May 2016. The Strategy and Investment Case recommends investing in care closer to home, new models of care at our hospitals, more modern facilities and developing new ways of working. Neil Kennett-Brown reported the following –

- Challenges include a massive projective growth in the population.
- Increase in demand at Whipps Cross and Newham Hospitals.
- A spending freeze on NHS budgets.
- The need to improve the quality of care and patient experience.
- The workforce is stretched.
- The over-reliance on medical services
- Facilities and IT systems

To deliver the programme specific initiatives to tackle the priorities for change have been created. These are –

- Care close to home
- Strong sustainable hospitals
- Working across organisations

The Chair welcomed the report and the Panel commented as follows –

- There is insufficient information on services for children.
- There is insufficient information on issues such as dental health and sexual health.
- There is a need to do more work with Schools.
- There are concerns about the changes at Mile End.
- Surgical hubs are good but there are concerns about transportation particularly the need for the elderly.
- Better engagement is needed with Pharmacists, Dentists and Optometrists.

In response to comments and questions from the Panel, Neil Kennett-Brown informed the Panel that the primary programme of work is under the health and wellbeing agenda. The programme had to identify and provide a summary of the 13 biggest schemes. However there is also additional information available online. There is a programme of primary care engagement and the aim is to change the relationship of patients in the health system. It is acknowledged that there is a need to engage better with Pharmacists, Dentists and Optometrists however, these services are not commission as they are under NHS England.

Dr Sam Everington stated that –

- CCG's are already working with Schools. There is the Healthy Schools programme but there are still challenges of how best to approach the diverse population.
- There is a need to destigmatize the perception about Mile End and there should not be fear as it is part of the overall expansion in Tower Hamlets.
- Transport is a problem however it is difficult where to place this on the list of priorities in a cash-strapped NHS.

The Chair stated that there is a fear because there has been a lack of communication as to what is happening at Mile End and Royal London.

RESOLVED THAT the presentation and the report be noted.

6. ANY OTHER BUSINESS WHICH THE CHAIR CONSIDERS TO BE URGENT

There was no other business which the Chair considered urgent.

7. NEXT MEETING OF THE PANEL

The next meeting of the Health Scrutiny Panel will be held on Tuesday, 28 June 2016 at 7.00 p.m. in MP702, 7th Floor, Town Hall, Mulberry Place, 5 Clove Crescent, London, E14 2BG.

The meeting ended at 8.58 p.m.

Chair, Councillor Amina Ali
Health Scrutiny Sub-Committee